



Julia Mullins

Speaker, Coach, Facilitator,
Leadership Development Expert

Julia Mullins, founder of Mullins Professional Group, LLC, focuses on building inclusive workplaces through neurodiversity awareness and education, executive and ADHD coaching, and leadership development workshop facilitation. She's led corporate top talent development programs, and consulted and coached leaders across industries.

Julia loves supporting individuals and teams during leadership transitions and finds joy in helping neurodivergent leaders thrive in a neurotypical world.

Signature Topics

- ✓ Leadership Development
- ✓ Breaking the Cycle: Toxic Leadership
- ✓ ADHD @ Work
- ✓ Executive Presence
- ✓ Neurodiversity in a Neurotypical World

Certifications

Associate Certified Coach | International Coaching Federation

Certificate in Neuroscience for Business | Massachusetts Institute of Technology

Certificate in Leadership Coaching for Organizational Performance | American University

Certified Assessment Interpreter and Workshop Facilitator | Hogan Assessments

Clients include professionals from



Let's Work Together

SPEAKING ENGAGEMENTS:

- Professional keynote (<60 min)
- Attendee leave-behind
- Tailored based on client goals

WORKSHOPS:

- Blanchard Authorized Partner
- Bespoke programs tailored based on client goals
- Half-day workshops, cohort-based programs, multi-day workshops

COACHING:

- Individual, Team, or Group
- 3- or 6-month packages
- Includes Hogan Assessments



Client Feedback

"That (workshop) was so fun and educational, I loved the interactivity and the fact that you started some great conversations for us."

Attendee, OpenSesame

"Julia has a powerful way of connecting with the audience. Through storytelling and sharing data, she is able to brilliantly convey her message and spark action. Her presentation on 'Building Your Inclusion Toolkit' was tactical and approachable. I felt like I can make a difference on my team."

*Attendee, Grace Hopper
Celebration 2023*

(Largest Women in Technology Conference)

Get in Touch!

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